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A N N U A L R E P O R T

of the

M E D I C A L O F F I C E R O F H E A L T H

for the

Y E A R E N D I N G

31st D E C E M B E R, 1 9 4 8.

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UPPINGHAM RURAL DISTRICT COUNCIL

A N N U A L R E P O R T

of the

M E D I C A L O F F I C E R O F H E A L T H

1948

Mr. Chairman & Gentlemen,

In accordance with the instructions of the Ministry of Health, I deal briefly in this report with matters within my responsibility regarding public health and preventive medicine, and the report is on the same lines as that of last year.

GENERAL STATISTICS

Area (in acres)	24,735
Registrar General's Estimate of population						...	5,990
Number of inhabited houses at end of 1948	1,736
Rateable value	£31,687
Net product of a penny rate					£ 135

VITAL STATISTICS.

		<u>Males.</u>	<u>Females.</u>	<u>Total.</u>
Live Births	- Legitimate	48	47	95
	- Illegitimate	1	2	3
		<u>49</u>	<u>49</u>	<u>98</u>
		<u>49</u>	<u>49</u>	<u>98</u>
Still Births	- Legitimate	-	3	3
	- Illegitimate	-	-	-
		<u>-</u>	<u>3</u>	<u>3</u>
		<u>-</u>	<u>3</u>	<u>3</u>

	<u>Rate for District</u>	<u>Rate for England and Wales</u>
Birth Rate	16.3	19.2
Death Rate	10.1	10.7
Infant Mortality Rate per 1,000 live births	51	32

CAUSES OF DEATH.

	<u>Males.</u>	<u>Females.</u>
Tuberculosis of the respiratory system	-	1
Cancer of the buccal cavity and oesophagus	2	-
Cancer of stomach and duodenum	2	1
Cancer of all other sites	2	3
Intracranial vascular lesions	5	7
Heart diseases	8	10
Other disorders of circulatory system	2	2
Bronchitis	6	3
Pneumonia	-	1
Other respiratory diseases	1	-
Ulcer of stomach or duodenum	1	-
Other digestive disorders	2	-
Nephritis	1	-
Premature birth	1	1
Congenital malformation: birth injury: infant diseases.	1	-
Road traffic accident	1	-
All other causes	3	2
	-----	-----
	38	31
	=====	=====

TYPE OF DISTRICT

The district is almost entirely agricultural. Efforts are still being made to attract suitable industries.

The town is, of course, the seat of the very famous Public School.

GENERAL PROVISION OF HEALTH SERVICES FOR
THE AREA.

1. PUBLIC HEALTH OFFICERS OF THE AUTHORITY.

Medical Officer of Health - John Young, M.B., Ch.B. D.P.H.Camb.
The Medical Officer of Health acts for the Leicestershire and Rutland Combined Districts in which this District is included.

Sanitary Inspector. J. Yates, Royal Sanitary Institute and Sanitary Inspector's Examination: Royal Sanitary Institute Meat and other Foods.

2. LABORATORY FACILITIES.

The following examinations were carried out during the year in the Emergency Public Health Laboratory, Leicester:-

Water (Bacteriological examination)	...	21
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SANITARY CIRCUMSTANCES OF THE AREA.

1. WATER.

Number of Parishes with piped water supply :-

(a) from public mains	2
(b) from private reservoirs	1

Number of Parishes without a piped water supply 17

Number of samples taken for analysis:-

(a) from bore hole supplies	...	satisfactory	6
		polluted	2
(b) from well supplies	...	satisfactory	4
		unsatisfactory	2
		polluted	14

5 Samples of water were taken from new bore holes, sunk to supply new Council Houses at Belton, Ridlington and Seaton. These were sent for chemical analysis.

In view of the satisfactory bacteriological results the analyst reported favourably on these samples.

The Uppingham Waterworks Company make available to the Health Department the results of the chemical and bacteriological analysis of their water when required. These certificates have been satisfactory.

Where unsatisfactory water samples were taken the consumers were instructed to boil their water, alternative supplies were arranged or improvements to the wells were carried out.

There were complaints of shortage of water from all the villages except Lyddington.

UPPINGHAM.

The town of Uppingham is supplied by the Uppingham Waterworks Company. There are a few houses not connected to the supply, this number has been reduced during the year.

LYDDINGTON.

Water is obtained in bulk from the Uppingham Waterworks Company and supplied to the public by standpipes. 35 houses, a Hostel, the village school and 6 cattle troughs are connected to the supply. There is no tendency to plumbo-solvency.

OTHER PARISHES.

In the other 17 Parishes the water supply is obtained from shallow wells.

Investigations are proceeding with the object of providing a piped water supply for the whole District. It is hoped to obtain this supply from Leicester Corporation as soon as possible, and if the scheme can be carried out it will be of very great benefit to the district.



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2. DRAINAGE AND SEWERAGE.

Number of cesspools in the District at the end of 1948	98
Number of cesspools abolished during 1948						1

A scheme is being prepared for the extension of Uppingham Sewerage and Sewage Disposal Works and it is hoped to proceed with this work as soon as circumstances permit.

Sewerage and sewage disposal schemes for the rest of the district are being prepared. Small sewage works are already in being at Glaston and Belton, and a sewage works at Preston, recently taken over from the Ministry of Works, will shortly be in use for that village.

A number of houses in the district have been re-drained during the year. In villages where no sewage system is available, drainage has been effected to a septic tank, so placed where possible that a connection to the sewer can be made at the appropriate time.

3. CLOSET ACCOMMODATION.

Total number in the District at the end of 1948:-

(a) Privies	50
(b) Pail Closets	914
(c) Water Closets	737

4. PUBLIC CLEANSING.

During the year systematic scavenging of the whole district has been carried out once a fortnight, and the whole of the village dumps have been abolished.

Experience has shown that a fortnightly collection is inadequate, especially during the winter months, and the question of purchasing a second vehicle and carrying out a weekly collection is under consideration.

5. SANITARY INSPECTION OF THE AREA.

The particulars given under this heading are for all purposes including particulars given elsewhere in this Report.

Total number of complaints received	...	174
-------------------------------------	-----	-----

Total number of defects or nuisances discovered	...	169
---	-----	-----

Nature of inspections:-

	<u>Inspections.</u>	<u>Re-visits.</u>
Dwelling Houses (all purposes)	339	648
Tents, Vans, etc.	4	4
Food Premises	29	41
Dairies and cowsheds	20	59
Offensive trades	-	-
Factories and Workshops	21	15
Shops	21	19
Other Premises	137	199
	<u>571</u>	<u>985</u>

NOTICES.

<u>Preliminary.</u>	<u>Housing.</u>	<u>Other.</u>
Outstanding on 1st Jan.	1	19
Issued during the year		169
Complied with during year		150
Outstanding 31st December		19
<u>Statutory.</u>		
Issued during the year	5	3
Complied with during year		
Outstanding 31st December		2
		(1 in progress)

6. SHOPS. Action taken during the year under the Provisions of the Shops Act, 1934:-

	<u>Outstanding from</u> <u>Previous Year.</u>	<u>Defects</u> <u>Found.</u>	<u>Defects</u> <u>Remedied.</u>	<u>Outstanding</u> <u>31st. Dec.</u>
Sanitary Conveniences	-	2	2	
Temperature	-	-	-	
Ventilation	-	1	1	

HOUSING

1. GENERAL.

As we are not expected to condemn houses at present, the amount of repair work throughout the district tends to increase. In the main only urgent and necessary repairs are asked for houses being dealt with under the Public Health Acts.

One house has been reconditioned and negotiations are in progress for the reconditioning of other houses.

It is only in cases where houses are either dangerous or extremely dilapidated, that demolition is carried out. At present this is done where possible by arrangement, and only five demolition orders were served during the year.

The number of houses demolished in 1948 was 19. Demolition of another 2 houses is in progress.

A demolition order has been served with respect to one house not yet demolished, and negotiations for the demolition of 3 other houses is proceeding.

2. INSPECTION OF DWELLING HOUSES DURING THE YEAR.

1. (a) Total number of dwelling houses inspected for housing defects (under Housing Acts). 145
- (b) Number of inspections made for the purpose 275
2. Number of dwelling houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation 25

3. POST WAR HOUSING.

During the year 14 houses were erected in the district. 48 houses were under construction and tenders have been accepted for the erection of a further 4 houses.

INSPECTION AND SUPERVISION OF FOOD.

1. MILK SUPPLY.

	<u>Cowkeepers.</u>	<u>Dairymen or Purveyors of milk (other than Cowkeepers).</u>
Number on Register	69	1
Number of inspections of premises	77	2

Repairs and reconstruction to several of the dairy premises are urgently needed.

Some progress has been made in this direction in spite of the difficulty of obtaining labour and material.

Two buildings at existing dairy farms have been converted into cowsheds, and both show improvement on the general type of cowshed in the district. In one case a very good standard indeed has been obtained.

Other cowsheds and dairies have and are being improved.

As dairy farmers are being approached about conditions at their premises, I find a general desire to improve, and a marked increase in interest in designated milk.

An arrangement whereby the Milk Advisory Service of the Ministry of Agriculture inform the Health Department when unsatisfactory samples are obtained, is in operation. In such cases the Sanitary Inspector and the Milk Advisory Officer pay joint visits to the premises. As a result of such action, one producer has been voluntarily removed from the register, and another is under review. I feel this arrangement will have good results.

Probably more progress will be made when the 1944 Milk (Food and Drugs) Act comes into force.

2. THE MILK (SPECIAL DESIGNATIONS) ORDER, 1936 and 1938.

Licences are issued by the County Council. Eight producers are licensed under the above Order, 1936.

3. MANUFACTURE AND SALE OF ICE CREAM.

6 Premises are registered for the manufacture and sale of ice-cream. In three cases the dealers make ice-cream on the premises, the other three dealers buy ice-cream from large manufacturers outside the district.

The introduction of the Heat Treatment Regulations, shortage of raw materials and general economic circumstances are forcing small dealers towards the sale of pre-packed ice-cream.

This trend will be more pronounced as packing and wrapping machinery becomes more readily available.

Three samples were taken and submitted to the Analyst, who reported on them as follows:-

Grade 1.	Grade 2.	Grade 3.	Grade 4.
Satisfactory	Fair	Unsatisfactory	
0	1	0	2

The sale of ice-cream in the district was very much reduced during 1948, owing to shortage of supply of material and weather conditions.

5. MEAT AND OTHER FOODS.

The following foods were examined and found unfit for human consumption :-

2 cwts. 3 qrs. 13 lbs. of Fish.
 10 lbs. 1 oz. of Tinned Meat.
 13 lbs. 4½ ozs. of Tinned Fish.
 2 qrs. 1 lb. 8½ ozs. of Tinned Fruit & Vegetables.
 2 lbs. of Tinned Milk.

SANITARY CONVENIENCES AT PUBLIC HOUSES.

Progress is being made with respect to the provision of adequate sanitary conveniences at licensed premises.

The conveniences at several houses have been amended or improved.

The brewery companies are not, generally speaking, reluctant to do the work, but shortage of labour and material together with absence of adequate water supplies and sewerage systems present a very real difficulty.

The problem has been discussed with the Chief Constable, who has indicated his willingness to co-operate wherever possible

PREVALENCE OF AND CONTROL OVER INFECTIOUS AND OTHER DISEASES

The incidence of notifiable infectious disease during the year has been light, apart from what is classed as minor infectious disease. Some of the measles cases are undoubtedly fairly severe.

Notifiable diseases (other than Tuberculosis) during the year. 1948.

Disease.	Total cases notified.	Cases admitted to Hospital.	Total Deaths.
Scarlet Fever	2	1	-
Pneumonia	4	-	1
Measles	25	-	-
Whooping Cough	37	-	-
Erysipelas	1	-	-
Ophthalmia Neonatorum	1	-	-

Disease	Under 1	<u>1</u> 2	<u>2</u> 3	<u>3</u> 4	<u>4</u> 5	<u>5</u> 10	<u>10</u> 15	<u>15</u> 25	<u>25</u> 35	<u>35</u> 45	<u>45</u> 64	65 and over
Erysipelas	-	-	-	-	-	-	-	-	-	-	1	-
Measles	1	-	-	-	1	12	11	-	-	-	-	-
Whooping Cough	3	-	4	4	5	18	3	-	-	-	-	-
Scarlet Fever	-	-	-	-	-	-	1	1	-	-	-	-
Ophthalmia	-	-	-	-	-	-	-	-	1	-	-	-
Neonatorum	-	-	-	-	-	-	-	-	1	-	-	-
Pneumonia	1	-	-	-	-	1	-	-	-	-	1	1

T U B E R C U L O S I S

New cases and Mortality during 1948.

AGE GROUPS	<u>NEW CASES.</u>				<u>DEATHS.</u>			
	Pulmonary		Non-Pulmonary		Pulmonary		Non-pulmonary	
	M	F	M	F	M	F	M	F
5-15	-	-	-	-	-	-	-	-
15-25	-	-	-	-	-	-	-	-
25-35	-	-	-	-	-	1	-	-
35-45	-	-	-	-	-	-	-	-
45-65	-	-	-	-	-	-	-	-
Over 65	-	1	-	-	-	-	-	-

S C A B I E S

The Council had made arrangements with the Joint Committee of the Melton and Belvoir Rural District Council and Melton Mowbray Urban District Council for the treatment of cases of scabies in the area. No case occurred in the District prior to 5th July, 1948 when the Clinic at Melton Mowbray was closed. The responsibility for the treatment of this disease has now passed to the Regional Hospital Board.

I have the honour to be,

Your obedient servant,

JOHN YOUNG.

Medical Officer of Health.

10, High Street,
Melton Mowbray.

S C A B I E S.

Arrangements have been made with the Joint Committee of the Melton & Belvoir Rural District Council and the Melton Mowbray Urban District Council for the treatment of cases of Scabies in the area at the Scabies Centre, Melton Mowbray.

There were no cases of Scabies treated during the year.

I have the honour to be,

Your obedient servant,

JOHN YOUNG.

Medical Officer of Health.

10, High Street,
MELTON MOWBRAY.

